

**Bacton
Witton
Ridlington
Edingthorpe**

Village News

An Independent Community Newsletter

<http://villagenews.btck.co.uk/>

Issue 274

November 2018

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Village News AGM**

The Village News is Changing!

As we mentioned last month, we are taking the opportunity to revamp and re-launch the Village News and are considering a range of suggestions received to date. However, we are still open to your thoughts, so do keep them coming.

Our target for the re-launch is the Feb 19 issue, so please help us by sharing your ideas and suggestions. We plan to make the re-launch an agenda item for our Annual General Meeting, which takes place on 24th November (please note revised date), 2.30 pm at Sugar & Spice, and hope to be able to share the new look with all who attend. We can be contacted by text on 07918 056179 or email bactonvillagenews@hotmail.com.

Kate & Steve, Editors

**Notes from Bacton &
Edingthorpe Parish
Council**

The Community Housing drop-in sessions attracted a number of residents who provided feedback. We are still actively seeking a

parcel of land in conjunction with NNDC for this initiative. Please contact us if you know of an area which may be suitable. Don't forget the Bacton & Edingthorpe Children's Christmas Party 2018 - yes this is already being arranged!!! - Sunday 9th December at the Village Hall - please contact Sally Dunham or the Clerk. Invitations will go out via Bacton School but if your child attends a different school they are also welcome to attend.

NNDC are progressing with plans for improvements to the Public Toilet facilities in Bacton and we are waiting for an update from them.

The next meeting is the Ordinary Parish Council Meeting on Monday, 12th November 2018 at 7pm in Bacton Village Hall Annexe. All are encouraged to attend.

**Elaine Pugh, Clerk
402998**

elainepugh15@hotmail.com. Raynham House, 10
New Road, North
Walsham, Norfolk, NR28
9DF
www.bactonandedingthorpe.co.uk

Bacton Village Hall

Our next Quiz and Chips will be held on Saturday 24th November, 7pm for 7.30pm start. Fish and chips optional, bring your own drinks. Everyone welcome. Please contact Barbara Stratfull on 651236 to book a table

If you're thinking of having a function, party, meeting etc or even starting up your own group why not come along to Bacton Village Hall and see what excellent facilities we have to offer at a very reasonable cost. You can choose the Main Hall which has a fully fitted functional kitchen or, for smaller groups/parties, the Annexe which has smaller kitchen facilities. Tables, seating, crockery, cutlery, glasses are all provided. The hall is used by a variety of groups meeting weekly, bi-weekly and monthly - Garden Group, Badminton, History Group, Art Group, Material Girls, Craft and Create, Line Dancing, Medau, Book Group, Little Pirates, to name but a few, so why not get in touch to find out more information and perhaps try a new activity!

If you require further information, please contact the Booking Secretary, Barbara Stratfull, on 651236 or bstratfull@btinternet.com or me on the number below, otherwise visit the website www.btck.co.uk.

Jaine Shepherd, 650511

Witton and Ridlington Village Hall

Our next Quiz and Supper is on 23rd November at 7pm. £7.00 per person for baked potato and chilli supper, with salads and sides, tea and coffee and nibbles. BYO alcoholic drinks or buy from us on the night. Tables of up to 6. Booking is essential as capacity is limited.

We will be arranging our usual Christmas Lunch at the Hall, (home cooked with locally sourced produce whenever possible). Details to follow in next month's newsletter.

The Village Hall is also available to hire for social events, clubs and classes. We offer special rates to residents and very reasonable rates for all regular and one-off hirers. If you are interested, please get in touch with Richard on 650265 and arrange a visit. If you're not

Contributions for the **Village News** (max 250 words) must arrive by the 15th of each month to bactonvillagenews@hotmail.com

Joint Editors:

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Steve Lunniss Tel: 652163

Advertising to Editors

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sure where we are you can also email us on lyric@clara.net and we will send you details and a map. Contact me for weekly Pilates and Stretch and Tone classes.

Lynne Hosking 650265
lyric@clara.net

'Pop Up' Bakery

Bread of Haven will be at Cafe Carmel in Bacton on Sunday 4th November from 10am - 12noon. Bread of Haven is a micro bakery run from our home in Ridlington where we strive to use organic ingredients where possible and no preservatives, just real bread! All our bread is suitable for a vegan diet. We shall be selling a sample of our breads in the café on Sunday morning and Anne will be serving her delicious coffee, teas and of course cakes on the day. We would love to see you on Sunday - pop along and say hello!

Sam & Mark Cornish,
650871

Wild Touch Quiz and Chips

A huge thank you to the very generous attendees at our August quiz. We have decided to follow it up with another one, embracing the festive season at the same time, so the date for your

diary is Friday 7th December, 6.30pm for 7pm start, at Bacton Village Hall. Booking Required. We look forward to seeing you there.

Gill, 652991/07837
004836

Book Group

Most people finished the long book, 'Alias Grace' by Margaret Atwood, and we found a lot to discuss. This was based on a true story of a crime committed in Canada in 1843 when a teenage Grace Marks was accused of helping to murder her employer and his housekeeper. Grace was a poor Irish immigrant and in service from an early age. A group of people are unconvinced of her guilt and enlist a young psychologist to investigate Grace's memory loss. Margaret Atwood presented us with the facts as reported in the press and also enlightened us as to the then new ideas of dual personality and effects of trauma. Grace's interesting and gripping life story is revealed to the reader in great detail as she is questioned by the doctor. We also learn about this man and the women in his life. Grace is released from prison after 30 years and the reader is left to decide

whether she was complicit in the murder or not. It is a real conundrum.

Apparently it has been televised, so if you don't want to read the book try it on TV.

We will have met on 25th October to discuss the recent books and I will have distributed the new ones. These are 'Their Finest Hour and a Half' by Lissa Evans and either 'Sadler's Birthday' or 'The Cupboard' both by Rose Tremain which we will discuss on Thursday 22nd November at 2:30 in the Village Hall.

Please contact me if you would like copies or just turn up to the meeting and help us decide what to read next.

Sally Hogden 651085/
sallymh@btinternet.com

Bacton Gardening Club

In October Members constructed an impressive display of Bug Hotels from the piles of suitable materials and still managed to have time for a good natter over tea and cake! On November 9th we have another opportunity to be practical and artistic with the return of our own "Santa Sandra" who will demonstrate how to make Christmas wreaths and a festive table decoration

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Visitors and new members are always welcome.

Linda Jenkins, Secretary

Bacton History Group

We had a lively meeting on October 17th, working on our maps and farming archives and discussing ideas for our next meeting. We have decided to hold our Christmas meeting on Saturday December 8th when we will be showing our photos and archives with something of a festive theme and providing mince pies and other refreshments, open between 12.00 and 2.30 pm. We will also be meeting on Wednesday December 5th at the usual time, 7.30, to make final

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Diary Dates for November 2018

4th - Bread of Haven Pop-up
 9th - Bacton Gardening Club
 12th - Theatre Gp Coffee Morning
 - B&E PC Meeting
 20th - W&R PC Meeting
 22nd - Book Club
 23rd - W&R VH Quiz & Supper

24th - Village News AGM
 - Quiz & Chips Bacton VH

arrangements for the Saturday.

**Jo Arnold, 652205/
joanna.arnold@btinternet.com**

Material Girls 'R' Us

We are always making things for charity and our latest offering was to support a special event in Nottingham where they wanted 6,000

premature baby cardigans, all shades of mauve. You can see the colours of our contribution on the Village News website.

If you would like to join us or know more about us, please contact me:

**Valerie,
telval.wright@btinternet.com**



The Material Girls' Handiwork (thanks to Val for the photo)

Theatre Group

Here are some new productions for you to consider. 'Mary Shelley' at The Maddermarket 26/27 October; 'The Herd' by Rory Kinnear at the Assembly House and 'La Sylphide' a screening at Cromer of the Bolshoi ballet company both in November. In March, The Theatre Royal is showing 'Rough Crossing' a comedy by Tom Stoppard and in April, 'Pepperland', a dance tribute to the Beatles. If you are interested in any of these or would like more information, please contact me.

At the end of September two of us saw two short Pinter plays at The Maddermarket. They were both conversation pieces and appropriately held in a small intimate studio. They both examine the importance of memories of experiences in making us

who we are. In 'Landscape' we hear a woman reflecting on tender moments whilst the man talks of infidelity and violence. They are talking to themselves rather than each other. In 'A Kind of Alaska' a woman wakes from a coma after thirty years but she only has memories up to the age of seventeen. They are both fascinating and were well delivered.

The '60s Party Night' in Mundesley was reported as being most enjoyable. The Cliff Richard tribute singer was good but the Union Gap were very good and we are looking to see where and when they perform next. Pat Nearney was a good link person.

The Blackeyed Theatre Company performed the Sherlock Holmes story, The Sign Of Four, at The Playhouse. A multitalented group of six presented this complex story to a packed house of appreciative old and young theatre goers. They each acted more than one role and each played more than one instrument using an extremely versatile set to change buildings into transport and then a different building and so on.

The final outing was to the Sewell Barn to see the 80s and early 90s reacted in Moira Buffini's play 'Handbagged.' This is a

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simonclark57@btconnect.com

thought-provoking and entertaining look at the meetings between the Queen and Margaret Thatcher where their older personas sit upon judgement of their younger selves with satirical cameos of other characters played by two male actors. It was great fun, a laugh out loud evening, and the impersonations were uncannily accurate.

Our next coffee morning will be on Monday 12th November from 10:00 in Bacton Village Hall Annexe. Please join us or, failing that contact me, if you want any details of future events.

**Sally Hogden 651085/
sallymh@btinternet.com**

Mundesley Cinema

Coronation Hall, 26 Cromer Rd, Mundesley. Doors open at 7pm when we serve refreshments and the film starts at 7.30pm. Tickets (on the door) £5.00.

Tuesday, 13th November:
Swimming with Men (12a)
Faced with a full-blown mid-life crisis, accountant Eric joins an all-male group of synchronized swimmers, discovering that making patterns in a pool can, for a couple of hours at least, smooth out the bumps in his work and marriage.

Starring: Adeel Akhtar, Rob Brydon & Rupert Graves.

Schedule is subject to the film distributors making the films available.

For more information see <http://www.mundesley.org/film.html> or follow us on Facebook (www.facebook.com/MundesleyVillageCinema)

Village News

AGM

**2:30pm on 24th
November. (please
note change of
date!)**

**at Sugar and
Spice Cafe**

**Everyone
Welcome**

You Write

Missing Cat

On the 4th October my cat Sue went missing from Priory Road in Bacton. She is a small short-haired tortoiseshell and is micro chipped. Please could everyone keep an eye out for her as she doesn't normally go far. I'm asking everyone if they could check garages and sheds. My partner brought her up from a kitten. He got up every two hours and, as he has passed away, I am really keen to get her back as she is a memory of him. If anyone has any information, please contact me.

**Sally Dunham 650637/
07774 060808**

Petition

I have received a reply in relation to the state of Coast Road. The full letter can be found on the Village News website but the basics are that, money allowing, they will be rebuilding the road completely from its beginning at Walcott Road to the Northern junction of Church Road, then patch repairing the rest of it prior to re-surfacing.

Peter Shepherd

Footpath at Rainbows End

Following the work to build additional units at Rainbows End Holiday Park, a group of Villagers have been concerned that the huge bund of resulting spoil may be covering the footpath that goes from Meadow Loke to the right (directly towards the sea). The official footpath and public right of way goes diagonally across towards Newlands, but there is also this footpath marked on many maps (including, we believe, the map provided for the planning permission for the new units). This group of villagers are trying to get this investigated and for this footpath to be added to the definitive map of footpaths. In order to protect the assets and amenities available to the Village (and indeed, to Rainbows End leaseholders), we are asking that anyone that would like to support this application, fill in a Public Right of Way Evidence Form and send it to Norfolk County Council. They are the relevant Highways Authority and will rule if there has been an infringement of access or if the footpath warrants inclusion on the definitive map. The Evidence Form is available on the Village News website, Alternatively, copies can be obtained from me.

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We will also be checking that the current signage is clear and correct and that the official footpath remains unhindered.

Steve Lunniss 07918 056179

Stretch & Tone Classes

Research shows that regular exercise not only helps the body stay young but also can help keep memory loss at bay.

As we age exercise is important for maintaining physical and mental health and reducing common ailments including dementia, heart disease,

diabetes, colon cancer, high blood pressure and obesity. Keeping muscles strong can also help in reducing falls and fractures. Professor Lord from Birmingham University says "Our findings debunk the assumption that ageing automatically makes us more frail. Our research means we now have strong evidence that encouraging people to commit to regular exercise throughout their lives is a viable solution to the problem that we are living longer but not healthier."

If you have not yet incorporated a regular

exercise routine into your life, it's never too late to begin. As many of you know I have been running Pilates and Stretch and Tone classes locally since 2004 and now have some vacancies in my Thursday morning Stretch and Tone Class at Walcott Village Hall. We all need to stretch our muscles to avoid stiffness and to protect our joints. Joints and muscles that are stiff can affect our ability to move freely and can result in pain and discomfort. In a Stretch and Tone class you stretch and strengthen major muscles safely and effectively, using your own

body weight to improve your muscle tone and stamina and enabling you to develop and maintain your flexibility and improve your posture.

Strengthening your muscles regularly also speeds up your metabolism and helps to burn off fat.

All the exercises in my classes are modified and adapted to take account of individual levels of strength, flexibility and fitness and are based on Pilates principles.

If you are interested in joining the Walcott class, please ring me on 650265.

Lynne Hosking



Just a reminder that the next issue will be a combined December/January one. Please let us have details of all of your Christmas events and don't forget to let us know What's On in January as well. Entries by 15th November, please.

Kate & Steve, Editors



Church News



Beacon Church

This year, Remembrance is, perhaps, more poignant than ever. If you have served in the armed forces, or know those who have, remembering is always meaningful. I recall speaking to my grandfather

when I was in Junior School, asking him for his memories of the First World War. His time in France with the Suffolk Regiment was too painful to recount. Remembering gives one a sense of perspective. Today's troubles in our personal lives are mere

inconveniences when compared to what so many have endured. And that is why God said to the Israelites on their way to the promised land, 'Remember where you have come from.' The God who had proved himself faithful then was still faithful in the

desert years. He remains faithful today. As you reflect and give thanks for those who gave up everything, remember the God who gave his Son.

**Jonathan Squirrell
580018**

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St Andrew's Church, Bacton

We at St Andrew's have been asked by the son of the late Dennis Marshall to print this obituary report in the Village News: Dennis Frank Marshall, beloved son of the late Basil and Evelyn Marshall of Paston Road, Bacton-on Sea, passed away on the 31st August 2018, aged 87 years. Husband to the late Margaret and father of Louise, Giles, Polly and James, Dennis had lived in Stafford since 1967, but always held Bacton and Norfolk very dearly in his heart.

Thank you to all who contributed flower displays for the Harvest Flower Festival. They enjoyed by all who came and attended the Harvest Service. All of the produce has now been delivered to the Norwich Night Shelter.

We are now planning the next event which is the Christmas Tree Festival on 8th and 9th December. If any club, school, business or individual(s) would like to put in a tree, please contact me on the number below.

Services are 10-30 am each Sunday and all are welcome.

Joan Etherington 536186

St Margaret's Church, Witton

We were saddened to hear that Beryl died in early October. For many years she was a valued contributor to the Village News, ensuring that we were all kept abreast of activities in and around St Margaret's, as well as her role as a trustee for the Witton & Ridlington charity. She will be sadly missed and our thoughts and good wishes are with her family. Her funeral takes place at 1 pm on Friday, 2nd November at St Margaret's.

The Editors

St Peter's Church, Ridlington

With autumn having its own brand of magic, don't we wish it was possible to apply the brakes before plunging into winter? With the fading evening light there is the cackle of the returning flocks of geese, prowling foxes disturbing the roosting pheasant and rooks vying for roosting space in the rookeries, though man will try his hardest, some things will never change. It's really just same at our churches, with our Harvest Festivals now in the past, the next services will be the Remembrance but this year it's that little bit special, being one hundred since Armistice Day. We will hold ours at St Peter's a week early, on the 4th November at 3pm.

With the year careering further out of control, I should mention our Christmas Tree Festival which runs from the 30th November and will culminate in the Carol Service on the 2nd December.

Ray Allcoat 651609

All Saints' Church, Edingthorpe

We had a large gathering for the Harvest Thanksgiving Service, taken by the Rev'd Rachael Dines. The flower/fruit arrangements were beautiful and we must thank all who helped with the decoration of the Church and providing refreshments after the service.

We welcome Mr and Mrs French to the village who have moved into Rose Cottage which was previously the home of Nigel and Kathryn Tillyard and wish them both much happiness in Edingthorpe.

At the Remembrance Day service, we would like to have a display of

photographs of any family members who served in either of the Great Wars. If anybody has such photographs (preferably in a frame) please bring them to the service or contact Sue on 01603 650540.

On 1st December we are holding our Annual Christmas Coffee Morning at St. Benet's Hall, North Walsham. There will be the usual stalls of cakes, crafts, Tombola. Bric-a-Brac and Raffle. The time is 9.30 to 12 noon and we look forward to welcoming all to join us for a cup of coffee/tea and mince pie.

A date for the diary is the Carol Service on 23rd December at 4.30pm. We are having a choir for this Service and would welcome anybody interested in joining us. There will be choir practices during November and December, dates arranged to suit all interested. Please contact Jan on 07535 125448. You do not have to be an expert singer, just be wanting to get more out of the festive season. Do come and join in, you will be very welcome.

June Hannant, 402337

Sunday Services at a Glance: November

Church of England
Coastal Parishes

Rev Catherine Dobson 650359

[Email: revcdobson@live.com](mailto:revcdobson@live.com)

Rev Eiler Mellerup 651393

4th	10.30	Church Family Service	Bacton
	3 pm	Remembrance	Ridlington
11th	10.30	Remembrance	Bacton
	10.30	Remembrance	Witton
18th	10.30	United Holy Communion	Happisburgh
25th	10.30	Holy Communion	Bacton
	10.30	Morning Prayer	Witton

All Saints', Edingthorpe

Vicar: Rev Paul Cubitt 406380

[Email: revpcubitt@btinternet.com](mailto:revpcubitt@btinternet.com)

4th		No Service
11th	9.30	Remembrance Day Service
18th		No Service
25th	9.30	Holy Communion

Beacon Church

<http://beaconchurchuk.com>

Jonathan Squirrel - 580018

Sundays 10.30 am All Welcome